## **Bio-Data**

Name	:	Mr. Lhakpa Tamang
Date of Birth	:	1976-04-13
Marital Status	:	Married
Permanent Address	:	Salleri-09, Solukhumbu, Nepal
Profession	:	Trekking & Mountaineering Guide
Working at	:	8K Expeditions Pvt. Ltd.
Contact	:	9818288444/9803739705
Email Address	:	info@8kexpeditions.com



## Training:

- ✓ Trekking Guide Training
- ✓ Basic Mountaineering Course

## **Summited Mountains:**

- ✓ Mera Peak 10 Times
- ✓ Lobuche East Peak 7 Times
- ✓ Island Peak 14 Times
- ✓ Amadablam 6 Times
- ✓ Baruntse 3 Times
- ✓ Cho-Oyu 1 Time
- ✓ Mount Everest 2 Times

## **Great Achievement:**

He have completed "The Great Himalayan Trail" for 4 times i.e. on 2012, 2013, 2014 and 2015.